Washington National Insurance Company
Disability Claim
Filing Instructions

Have you …

1. Completed the Employee's Statement in full?
2. Had the physician treating you complete the Attending Physician's Statement, and had it returned to you?
3. Had your Employer complete the Employer's Statement, and had it returned to you?
4. Read, signed and dated the Authorization for Release of Information?

Submit the completed statements to the address below or fax to 1-(207) 591-3048

All portions of these forms must be completed in order to expedite your claim.

If you have any questions when completing this form, please call:

Toll - Free Phone Number 1-(866) 871-0453

Disability RMS
One Riverfront Plaza
Westbrook, Maine 04092-9700

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WASHINGTON NATIONAL INSURANCE COMPANY
Administered by:
Disability RMS
Fax 1- (207) 591-3048
Toll Free Phone 1 - (866) 871-0453

NOTICE OF CLAIM FOR ☐ SHORT TERM DISABILITY BENEFITS
☐ LONG TERM DISABILITY BENEFITS

EMPLOYEE'S STATEMENT (TO AVOID DELAY, ALL QUESTIONS MUST BE ANSWERED)

NAME OF EMPLOYEE				EMPLOYEE'S SOCIAL SECURITY - -
EMPLOYEE'S ADDRESS	STREET & NO.	CITY	STATE	ZIP
TELEPHONE NO. ( ) -		DATE OF BIRTH / /		☐ MALE ☐ FEMALE
☐ RIGHT-HANDED ☐ LEFT-HANDED	☐ MARITAL ☐ STATUS	☐ MARRIED ☐ SINGLE	☐ DIVORCED ☐ WIDOWED	IS SPOUSE EMPLOYED? ☐ YES ☐ NO
NUMBER OF DEPENDENT CHILDREN				
LIST NAMES AND DATES OF BIRTH OF SPOUSE AND DEPENDENT CHILDREN				
HOW MANY HOURS WERE YOU REGULARLY WORKING PER WEEK WITH YOUR PRESENT EMPLOYER? _____ hrs.	GROSS ANNUAL SALARY: (During the 12 months just prior to your disability - this employer only) $ _____			PLEASE INDICATE HOW YOU ARE PAID (check all that apply): ☐ hourly ☐ salaried ☐ other _____ ☐ includes commissions? ☐ includes bonuses?
NAME OF EMPLOYER				EMPLOYER'S TELEPHONE NO. ( ) -
EMPLOYER'S ADDRESS	STREET & NO.	CITY	STATE	ZIP
YOUR OCCUPATION & TITLE	LIST ESSENTIAL DUTIES OF YOUR JOB AT THE TIME OF DISABILITY			
DATE OF INJURY OR DATE FIRST NOTICED SYMPTOMS OF SICKNESS / /	YOU HAVE BEEN UNABLE TO WORK BECAUSE OF DISABILITY SINCE: / /	YOU RETURNED TO WORK ON A PART-TIME BASIS ON: / /	YOU RETURNED TO WORK ON A FULL-TIME BASIS ON: / /	
IS YOUR INJURY OR SICKNESS RELATED TO YOUR OCCUPATION? ☐ YES ☐ NO	IF "YES", EXPLAIN: DID YOU FILE FOR WORKERS' COMPENSATION? ☐ YES ☐ NO			
DESCRIBE HOW AND WHERE INJURY OCCURRED OR DESCRIBE THE ONSET AND NATURE OF YOUR MEDICAL CONDITION INCLUDING SYMPTOMS. IF MORE SPACE IS NEEDED, PLEASE ATTACH SHEET OF PAPER.				
DATE FIRST TREATED / /	IF "HOSPITAL CONFINED", GIVE NAME AND ADDRESS OF HOSPITAL HOSPITAL: _____ (Name, Street Address, City, State, Zip) CONFINED FROM _____ THROUGH _____			
HAVE YOU EVER HAD THE SAME OR SIMILAR CONDITION IN THE PAST? ☐ YES ☐ NO IF "YES" , WHEN? _____	TREATED BY: HOSPITAL: _____ (Name, Street Address, City, State, Zip) DOCTOR : _____ (Name, Street Address, City, State, Zip)			

FOR PREGNANCY DISABILITY ONLY:
Are there any present c omplications or anticipated difficulties in connection with the following?
(a) Pregnancy ☐ YES ☐ NO Date of last menstrual period: _____ Expected date of delivery _____
(b) Delivery ☐ YES ☐ NO Actual date of delivery: _____ ☐ Vaginal ☐ C-Section
(c) Post Partum ☐ YES ☐ NO
If "YES" to any of these, please specify in detail: _____
_____

As a result of this disability, are you, your spouse or any of your dependent children receiving income from any of the following?

YES	NO	TYPE	AMOUNT	DATE BEGAN	DATE TERM.	PAID WEEKLY	PAID MONTHLY
☐	☐	Sick Pay	$ _____	_____	_____	☐	☐
☐	☐	Salary Continuance	$ _____	_____	_____	☐	☐
☐	☐	Workers' Compensation	$ _____	_____	_____	☐	☐
☐	☐	Local, State or National Association or Society Disability Income Plan	$ _____	_____	_____	☐	☐
☐	☐	No Fault	$ _____	_____	_____	☐	☐
☐	☐	Unemployment Compensation disability	$ _____	_____	_____	☐	☐
☐	☐	Social Security Benefits (disability or retirement)	$ _____	_____	_____	☐	☐
☐	☐	Retirement income (normal, early , or disability)	$ _____	_____	_____	☐	☐
☐	☐	Other STD/LTD Benefits	$ _____	_____	_____	☐	☐
☐	☐	Other (describe) _____	$ _____	_____	_____	☐	☐

HAVE YOU APPLIED, OR DO YOU PLAN TO APPLY FOR BENEFITS DESCRIBED ABOVE? ☐ YES ☐ NO
TYPE _____ DATE APPLICATION FILED _____
TYPE _____ DATE APPLICATION FILED _____

[IF YOUR REQUEST FOR BENEFITS IS APPROVED, DO YOU WANT US TO WITHHOLD FEDERAL INCOME TAXES?
☐ YES ☐ NO INDICATE AMOUNT: $ _____ ($88 MINIMUM PER MONTH)]

FRAUD NOTICE

Unless specific state language is provided below and unless you reside on Virginia, the following general fraud notice applies: Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

Arizona - For your protection Arizona law requires the following statement to appear on this form. Any person who knowingly presents a false or fraudulent claim for payment of a loss is subject to criminal and civil penalties.

Arkansas, Louisiana, New Mexico, West Virginia - Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

California - For your protection California law requires the following to appear on this form: "Any person who knowingly presents a false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison."

Delaware, Florida, Idaho, Indiana, Oklahoma - Any person who knowingly and with intent to injure, defraud, or deceive any insurer, files a statement of claim containing any false, incomplete or misleading information is guilty of a felony,

District of Columbia, Colorado - WARNING: It is a crime to provide false or misleading information to an insurer for the purpose of defrauding the insurer or any other person. Penalties include imprisonment and/or fines. In addition, an insurer may deny insurance benefits if false information materially related to a claim was provided by the applicant.

Kentucky - Any person who knowingly and with intent to defraud any insurance company or other person files a statement of claim containing any materially false information or conceals, for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime.

Maine, Tennessee - It is a crime to knowingly provide false, incomplete or misleading information to an insurance company for the purpose of defrauding the company. Penalties may include imprisonment fines or a denial of insurance benefits.

Minnesota - A person who files a claim with intent to defraud or helps commit a fraud against an insurer is guilty of a crime.

New Hampshire - Any person who, with a purpose to injure, defraud or deceive any insurance company, files a statement of claim containing any false, incomplete or misleading information is subject to prosecution and punishment for insurance fraud, as provided in RSA 638:20.

New Jersey - Any person who knowingly files a statement of claim containing any false or misleading information is subject to criminal and civil penalties.

Ohio - Any person who, with intent to defraud or knowing that he is facilitating a fraud against an insurer, submits an application or files a claim containing a false or deceptive statement is guilty of insurance fraud.

New York - Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to a civil penalty not to exceed five thousand dollars and stated value of the claim for each such violation.

Signature of Employee_____ Date _____

WASHINGTON NATIONAL INSURANCE COMPANY
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Disability RMS
Fax 1- (207) 591-3048
Toll Free Phone 1 - (866) 871-0453

NOTICE OF CLAIM FOR **SHORT TERM DISABILITY BENEFITS**
LONG TERM DISABILITY BENEFITS

EMPLOYER'S OR ADMINISTRATOR'S STATEMENT (ALL QUESTIONS MUST BE ANSWERED TO AVOID DELAY)

NAME OF EMPLOYEE	OCCUPATION	IS DISABILITY DUE TO EMPLOYMENT? ☐ YES ☐ NO

DATE EMPLOYED	DATE INSURED	DATE LAST WORKED	REASON FOR STOPPING WORK
/ /	/ /	/ /	☐ Disability ☐ Dismissed ☐ Resigned ☐ Layoff ☐ Retired ☐ Family Medical Leave of Absence ☐ Other Leave of Absence ☐ Other Reason _____

DATE RETURNED TO WORK	IF PART-TIME NUMBER OF HOURS WORKED PER WEEK	IF EMPLOYEE HAS NOT RETURNED TO WORK, ESTIMATE RETURN TO WORK DATE	DATE EMPLOYMENT TERMINATED	DATE DISABILITY INSURANCE TERMINATED
/ / ☐ FULL-TIME ☐ PART-TIME		/ /	/ /	/ /

REQUIRED NUMBER OF HRS. PER WEEK	GROSS ANNUAL SALARY: (During the 12 months just prior to your employee's disability)	PLEASE INDICATE HOW THE EMPLOYEE IS PAID (check all that apply):
_____ hrs.	$ _____	☐ hourly ☐ salaried ☐ other _____ ☐ includes commissions? ☐ includes bonuses?

IS EMPLOYEE SUBJECT TO FICA TAX? ☐ YES ☐ NO
IF "YES", IS EMPLOYEE SUBJECT TO ☐ FULL FICA TAX ? ☐ MEDICARE PORTION ONLY?

PERCENTAGE OF EMPLOYEE/EMPLOYER CONTRIBUTION TO PREMIUM FOR THIS DISABILITY PLAN
(AS OF POLICY YEAR OF DISABILITY)
EMPLOYEE ☐ 100% ☐ OTHER _____%
EMPLOYER ☐ 100% ☐ OTHER _____%
IS EMPLOYEE CONTRIBUTION: ☐ PRE-TAX DEDUCTION? ☐ AFTER-TAX DEDUCTION?

EMPLOYEE ELIGIBLE FOR:

YES	NO	TYPE	AMOUNT	DATE BEGAN	DATE TERM.	PAID WEEKLY	PAID MONTHLY
☐	☐	Sick Pay	$ _____	_____	_____	☐	☐
☐	☐	Salary Continuance Benefits	$ _____	_____	_____	☐	☐
☐	☐	Workers' Compensation	$ _____	_____	_____	☐	☐
☐	☐	Local, State or National Association or Society Disability Income Plan	$ _____	_____	_____	☐	☐
☐	☐	No-fault	$ _____	_____	_____	☐	☐
☐	☐	Unemployment Compensation disability	$ _____	_____	_____	☐	☐
☐	☐	Social Security Benefits (disability or retirement)	$ _____	_____	_____	☐	☐
☐	☐	Retirement income (normal, early, or disability	$ _____	_____	_____	☐	☐
☐	☐	Other LTD/STD Benefits	$ _____	_____	_____	☐	☐
☐	☐	Other (describe) _____	$ _____	_____	_____	☐	☐

PLEASE ATTACH A COPY OF THE FOLLOWING DOCUMENTS TO THIS FORM:
- The employee's Workers' Compensation claim(s) and Approval/Denial Notification
- The employee's prior year's W-2 form OR if no W-2 is available, list the basic monthly earnings for the past 12 months just prior to the employee's date of disability
- The employee's current job description

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I CERTIFY THAT TO THE BEST OF MY KNOWLEDGE THE ABOVE STATEMENTS ARE TRUE AND CORRECT.

_____ *NAME OF POLICYHOLDER (COMPANY)*

_____ *PRINT NAME & TITLE OF OFFICIAL REPRESENTATIVE*

_____ *MAILING ADDRESS OF POLICYHOLDER (COMPANY)*

_____ *SIGNATURE* *DATE*

(_____)_____ - _____ *TELEPHONE NUMBER*

(_____)_____ - _____ *FAX NUMBER*

PLEASE RETURN THIS COMPLETED FORM TO THE EMPLOYEE

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WASHINGTON NATIONAL INSURANCE COMPANY
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Disability RMS
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Toll Free Phone 1 - (866) 871-0453

NOTICE OF CLAIM FOR ☐ SHORT TERM DISABILITY BENEFITS
☐ LONG TERM DISABILITY BENEFITS

ATTENDING PHYSICIAN'S STATEMENT - THIS STATEMENT MUST BE FILLED-IN COMPLETELY BY A PHYSICIAN

(Please Print or Type)

Name of Patient _____ *FIRST* *MIDDLE* *LAST*	☐ Male ☐ Female	Date of Birth / /
Height _____ Weight _____ Blood Pressure (last visit) Systolic _____ / Diastolic _____	☐Left-handed ☐Right-handed	

1. HISTORY:

a. Is condition due to ☐ Accident? ☐ Sickness?

b. When did symptoms first appear or injury occur? Mo._____ Day _____ Year _____

c. Date patient was unable to work because of impairment Mo._____ Day _____ Year _____

d. Has patient ever had same or similar condition? ☐ Yes ☐ No If "Yes", state when and describe

_____

_____

e. Is condition due to injury or sickness arising out of patient's employment? ☐ Yes ☐ No Please explain: _____

f. Was this patient referred to you? ☐ Yes ☐ No If "Yes", by whom and what is their specialty?

_____

g. Have you referred this patient to another treating provider? ☐ Yes ☐ No If "Yes", to whom and what is their specialty?

_____

2. DIAGNOSIS:

a. Diagnosis impacting function: _____ ICD9 Code(s) _____

_____

Nature of treatment (including surgery and medications prescribed, if any, including dosage and frequency) _____

_____

_____

b. Secondary diagnosis impacting function: _____

_____

Nature of treatment (including surgery and medications prescribed, if any, including dosage and frequency) _____

_____

c. Subjective symptoms: _____

_____

d. Objective findings (including current X-rays, EKGs, Laboratory Data and any clinical findings): _____

_____

_____

3. FOR PREGNANCY DISABILITY ONLY:

Are there any present complications or anticipated difficulties in connection with:

(a) Pregnancy ☐ YES ☐ NO Date of last menstrual period: _____ Expected date of delivery: _____

(b) Delivery ☐ YES ☐ NO Actual date of delivery: _____ ☐ Vaginal ☐ C-Section

(c) Post Partum ☐ YES ☐ NO

If "YES" to any of these, please specify in detail: _____

_____

4. DATES OF TREATMENT FOR THIS CONDITION:

a. Date of first visit Mo._____ Day _____ Year _____

b. Date of last visit Mo._____ Day _____ Year _____

c. Next office visit Mo._____ Day _____ Year _____

d. Frequency ☐ Weekly ☐ Monthly ☐ Other (specify)

5. PROGRESS:

(a) Has patient ..... ☐ Recovered? ☐ Improved? ☐ Unchanged? ☐ Retrogressed?

(b) Is patient ..... ☐ Ambulatory? ☐ House confined? ☐ Bed confined? ☐ Hospital confined?

If "Hospital Confined", give Name and Address of Hospital _____

_____

Confined from _____ through _____

6. CARDIAC (if applicable)

Functional Capacity (American Heart Assoc. standards) ☐ Class 1 (No limitation) ☐ Class 2 (Slight limitation) ☐ Class 3 (Marked limitation) ☐ Class 4 (Complete limitation)

7. CURRENT FUNCTIONAL ABILITY

A. In an 8 hour day, what is the maximum number of hours your patient could perform each of these levels of activity? (please indicate appropriate number of hours):

___ Hrs. Sedentary Activity — 10 lbs. maximum lifting or carrying articles. Walking/standing on occasion. Sitting 6 to 8 hours.

___ Hrs. Light Activity — 20 lbs. maximum lifting, carrying 10 lbs. articles frequently, most jobs involving standing with a degree of pushing and pulling. Standing 6 to 8 hours.

___ Hrs. Medium Activity — 50 lbs. maximum lifting with frequent lifting/carrying of up to 25 lbs. Frequent walking and standing.

___ Hrs. Heavy Activity — 100 lbs. maximum lifting, frequent lifting/carrying of up to 50 lbs. Frequent walking and standing.

B. Please check appropriate box:

	Occasionally 0% to 33%	Frequently 33% to 66%	Continuously 66% to 100%
Bending	☐	☐	☐
Climbing	☐	☐	☐
Reaching	☐	☐	☐
Kneeling	☐	☐	☐
Squatting	☐	☐	☐
Crawling	☐	☐	☐
Push/pull	☐ No. of lbs._____	☐ No. of lbs._____	☐ No. of lbs._____
Lifting (lbs.)	☐ No. of lbs._____	☐ No. of lbs._____	☐ No. of lbs._____

What is this assessment based on? ☐ observed activity ☐ measured capacity ☐ physical therapy report

C. Please list current restrictions (activities which should not be performed) and limitations (activities which can not be performed) from activities not addressed above (i.e. driving, working at heights, etc.) Please be specific. _____

_____

_____

_____

D. Upper Extremity Function - Please indicate upper extremity functional capabilities:

Simple grasp	☐ Left	☐ Right	Comments _____
Pinch	☐ Left	☐ Right	Comments _____
Fine manipulation	☐ Left	☐ Right	Comments _____
Power grip	☐ Left	☐ Right	Comments _____
Repetitive motion	☐ Left	☐ Right	Comments _____

8. MENTAL HEALTH ABILITY (if applicable)

What behavior, attitudes or functional impairments are contributing to any restrictions and/or limitations related to a mental health condition?

_____

_____

9. RETURN TO WORK PLAN

a. Have you discussed a return to work plan with your patient? ☐ Yes ☐ No

b. The date you released patient to return to work: _____/_____/_____ ☐ Full-time ☐ Reduced hours Number of hours: _____
MO. DAY YEAR

c. Please identify your recommendations for any job modifications that would enable the patient to work.

_____

_____

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ATTENDING PHYSICIAN'S SIGNATURE _____ DATE _____

PHYSICIAN'S NAME (PLEASE PRINT) _____

DEGREE/SPECIALTY _____

TELEPHONE NUMBER (_____)_____-_____ FAX NUMBER (_____)_____-_____ TAX ID # _____

OFFICE ADDRESS _____
NUMBER/STREET

_____
CITY OR TOWN *STATE* *ZIP CODE*

PLEASE RETURN COMPLETED FORM TO YOUR PATIENT/THE EMPLOYEE